



TSUNAMI SWIM CLUB
 REGISTRATION FORM – Please print clearly
 SWIMMER INFORMATION

	Swimmer #1	Swimmer #2	Swimmer #3
First Name			
Last Name			
Middle Initial			
Gender (M/F)			
DOB (MM/DD/YY)			
Age			
Swimmer's Email			
Tshirt Size			
Swim Suit Size			
Any medical condition?			

Address: _____

Home Phone: _____

FAMILY INFORMATION

Father's Name: _____ Mother's Name: _____

Dad's Office Phone: _____ Dad's Mobile Phone: _____

Mom's Office Phone: _____ Mom's Mobile Phone: _____

Primary Email to send TSC notices/meet notices: _____

..... OFFICIAL USE ONLY

	Swimmer #1	Swimmer #2	Swimmer #3
Registered Date			
Class Level			
Monthly Fee			
Registration Fee	\$25	\$25	\$25
TOTAL			

TSUNAMI SWIM CLUB (TSC)
AGREEMENT TO HOLD HARMLESS

I _____ understand that my child is joining the Tsunami Swim Club and having read the financial commitments, will be responsible for all fees incurred as a result. I will not hold TSC, its officers, directors and coaches liable for any damages, liabilities, expenses, injuries or accidents that may result from my child's participation. I certify that my child has been examined by a medical doctor within the last year and that my child has no physical or medical problems that would prevent him or her from participating in TSC activities.

Parent/Guardian Signature _____ Date _____

TSUNAMI SWIM CLUB (TSC)
CODE OF CONDUCT FOR SWIMMERS AND PARENTS

We have read and agree to abide by the swimmer/parent codes of conduct.

Parent

print name and sign: _____ Date: _____

Swimmer #1

print name and sign: _____ Date: _____

Swimmer #2

print name and sign: _____ Date: _____

Swimmer #3

print name and sign: _____ Date: _____

TSUNAMI SWIM CLUB (TSC)
RELEASE FORM FOR WEBSITE, PRESS RELEASES

Tsunami Swim Club asks your permission in granting us the ability to post swimming team photos and swimming action photos of you / your child(ren) on our TSC website (www.guamswim.com) We are asking each TSC swimmer comply with this request in the hope of maintaining a first-class website with up-to-date information and photos on all team meets and events.

Further, we are asking your permission to use swimming photos of you / your child in any news releases for local newspapers.

Check the appropriate boxes to grant permission to Tsunami Swim Club to:

post swimming related photos of myself / my child(ren) on the TSC website.

use swimming related photos of myself / my child(ren) as a part of local press releases to newspapers.



TSUNAMI SWIM CLUB
www.guamswim.com
SWIMMER'S CODE OF CONDUCT

Tsunami Swim Club (TSC) members are expected to behave in an exemplary manner when at all practices, meets and TSC functions.

The following is a list of behaviors that will not be tolerated and are subject to disciplinary action(s):

1. Theft, disrespect, destruction or degradation of people, places and/or objects
2. Drug use, other than those prescribed by physician
3. The use of tobacco products
4. The use of alcoholic beverages
5. Use of TSC equipment or ONWARD equipment/facilities without permission
6. Sexual misconduct
7. Disrespectful behavior towards coaches, parents or other swimmers

Practice Expectations:

1. Adhere to practice requirements
2. Arrive and leave at scheduled practice time, or when dismissed
3. Follow directions given by the coach
4. Be positive and supportive of all swimmers
5. Swim the complete practice to the best of your ability
6. Bring required equipment to each practice

Swim Meet Expectations:

1. Be on time for warm-up and events
2. See coaches before and after each swim
3. Be supportive of all swimmers
4. Swim all events, prelims and finals unless excused by coach
5. Encouraged to wear TSC apparel
6. Coaches will resolve any problems that may arise at meets

Disciplinary measures are enforced at the discretion of the coaching staff and depend upon severity and/or continued abuse of expectations, rules and regulations. The following is a list of possible consequences for breaking any part of the Code of Conduct:

1. Meeting with coach and/or parent
2. Suspension from assigned swimming group and placed in another
3. Temporary or permanent suspension from the team



TSUNAMI SWIM CLUB
www.guamswim.com
PARENT'S CODE OF CONDUCT

Children's sports are supposed to be fun for the children. Unfortunately, many parents, fans and coaches do not realize that their actions, whether verbal or nonverbal, can have a lasting emotional effect on children. Too many children are leaving sports activities because the fun is unfairly taken away by adults. This following **Code of Conduct** is for parents and spectators to abide by at **every practice and meet**.

Preamble

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character".

I therefore agree:

- I will not force my child to participate in sports.
- I will remember that children participate to have fun and that the sport is for the youth, not the adult
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- I will learn the rules of the sport and the policies of the league.
- I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all swimmers, coaches, officials and spectators at every meet, practice, or other sporting event.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, swimmer, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
- I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other swimmers, coaches, officials and spectators with respect regardless of race, creed, color, gender or ability.
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a race or his/her performance.
- I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize meets and competition in the lower age groups.
- I will promote the emotional and physical well being of the athletes ahead of any personal desire I may have for my child to win.
- I will respect the officials and their authority during meets and will never question, discuss, or confront coaches or officials at the meets, and will take time to speak with them at an agreed upon time and place.
- I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
- I will refrain from coaching my child or other players during meets and practices, unless I am one of the official coaches of the team.

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action that could include, but is not limited to the following:

- Verbal warning by official, head coach and/or TSC board
- Written warning
- Parental meet suspension with written documentation of incident kept on TSC file
- Meet forfeit through the official or coach
- Parental season suspension

The basis for this Code of Conduct is produced by the National youth Sports Safety Foundation (www.nyssf.org)



TSUNAMI SWIM CLUB
www.guamswim.com
PROGRAMS AND FEES

Beginner: Tuesday/Thursday 5:30-6:15/6:15-7:00 \$30/month

- Instill water confidence
- Front/back glide in proper body position
- Proper kicking in front/back glide position
- Catch up freestyle (5m)
- Freestyle (10m)
- Backstroke (10m)
- Learn workout habits and how to work in a group; always give your best!
- Concentration & listening ability; respect coach

Development: Tuesday/Thursday/Friday 5:30-6:30 \$35/month

- Continue to improve swimming skills
- Freestyle (25m)
- Backstroke (25m)
- Breaststroke kick
- Participate in local swim meets
- Be a positive learner; concentrate during practice

Junior: Tuesday thru Saturday 5:30-7:00 \$45/month

- Continue to refine strokes (freestyle, backstroke, breaststroke, butterfly)
- Individual medley
- Concentration & teamwork
- Continue to participate in local swim meets

Senior: Tuesday thru Saturday 5:30-7:00 \$45/month

- Continue to refine the four strokes
- Concentration; independent learner
- Continue to participate in local swim meets
- Achieve US National BB time standards

Advanced Senior: Sunday thru Saturday 5:30-8:00 \$45/month

- Continue to refine the four strokes
- Participate in off-island/international swim meets
- Advanced concentration & self-control; seek higher challenges
- Achieve US National A time standards

Fees

- annual team registration fee (expires July 31st)
- monthly instruction fees as listed above
- Guam Swimming Federation (GSF) registration fees for swimmers participating in swim meets hosted by GSF

All fees are non-refundable and will not be prorated

A \$5 late fee will be added to monthly fees not received by the tenth of each month